



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PRE-SCHOOL AQUATICS

MAY 2012

Parent-Tot (6 months-3 years) *Max 7, Goal 6, Min 3 Pair 1 parent/1 child - Classes held in the Training Pool*

A parent must be in the pool with the child. Moms or Dads are welcome. Parent must be a member to participate. Swim diapers or plastic cover over diapers are required for children who are not potty trained. Monday-Saturday classes will run for 30 minutes. (The next class will either be Tiny Tots or Tiny Tots Plus see instructor).

Day	Time	Instructor	Online Search Code
MON	6:00PM	Bobby	PT
TUE	6:00PM	Jil	PT
WED	6:00PM	Bobby	PT
THU	6:00PM	Jil	PT
FRI	6:00PM	Peter	PT
SAT	11:00AM	Melani	PT

PRESCHOOL SWIM PROGRAM (3-5 years)

The program stresses enjoyment in pre-swim learning activities. Our goal is to develop confidence in parents and children about water safety. Each class emphasizes mental and physical development. Safety is a major component in the classes. Care must always be taken to emphasize that self-confidence in the water does not mean that small children are "water safe". In addition, class enrollment is kept at a comfortable level so that each child receives special, individualized attention every class session.

Tiny Tots - Pike & Eel (3-5 years) *Max 6, Goal 5, Min 3 Students - Classes held in the Training Pool*

No skills required. At the Tiny Tots level children will be taught how to float on their front and back, blow bubbles, kick on their front and back with a kick board, rudimentary front glide with an individual flotation device (IFD), rudimentary paddle stroke on front, back and side with an IFD, swim for 15 feet on front, side and back independently and jumping from the side of the pool and swimming back to the wall with assistance.

Day	Time	Instructor	Online Search Code
MON	4:30PM	Cindy	TTS
MON	5:00PM	Bobby	TTS
MON	5:00PM	Peter	TTS
MON	5:30PM	Meghan	TTS

Day	Time	Instructor	Online Search Code
WED	4:30PM	Cindy	TTS
WED	5:00PM	Bobby	TTS
WED	5:00PM	Peter	TTS
WED	5:30PM	Meghan	TTS

TUE	4:30PM	Sevak	TTS
TUE	5:00PM	Jil	TTS

THU	4:30PM	Sevak	TTS
THU	5:00PM	Jil	TTS

FRI	4:00PM	Peter	TTS
FRI	5:00PM	Bobby	TTS

SAT	9:00AM	Melani	TTS
SAT	9:30AM	Karissa	TTS
SAT	10:00AM	Meghan	TTS
SAT	10:30AM	Bobby	TTS
SAT	11:30AM	Meghan	TTS
SAT	12:00PM	Melani	TTS

Tiny Tots Plus – Ray & Starfish (3-5 years) **Max 6, Goal 5, Min 3 Students - Classes held in the Training Pool**

Successful completion of Tiny Tots or a swim check is required. In Tiny Tots Plus students continue advancing their paddle stroke on front, back and side swimming 25 yards independently. Rhythmic side breathing and breaststroke are also introduced. Students will learn to glide, swim underwater, knee dives, jump from the side of the pool and swim back to the wall independently or with minimal assistance and continue learning safety skills. **(Upon successful completion, students progress directly to Guppy).**

Day	Time	Instructor	Online Search Code
MON	4:30PM	Meghan	TTSP
TUE	4:30PM	Jil	TTSP
TUE	5:30PM	Sevak	TTSP
FRI	4:30PM	Cindy	TTSP

Day	Time	Instructor	Online Search Code
WED	4:30PM	Meghan	TTSP
THU	4:30PM	Jil	TTSP
THU	5:30PM	Sevak	TTSP
SAT	9:00AM	Karissa	TTSP
SAT	10:30AM	Meghan	TTSP

Preschool Program Fees:

Program Fees	Family Members	Student/Adult Members	Program Only Members
Once a Week, 30 minute class	\$21.00	\$31.00	\$61.00

Parent-Tot Program Fees:

Program Fees	Family Members	Adult Members	Student Members	Program Only Members
Once a Week, 30 minute class	FREE	\$11.00	\$21.00	\$41.00

Instructors subject to change without notice

For questions and information please contact:
Burbank Community YMCA Aquatics Department
(818) 845-8551 ext. 284
aquatics@burbankymca.org