

Y PRE-SCHOOL AQUATICS

We build strong kids, strong families, strong communities.

August 2010 Schedule

Parent-Tot (6 months-3 years) Max. 8 pairs of one parent and one child

A parent must be in the pool with the child. Moms or Dads are welcome. Parent must be a member to participate. Swim diapers or plastic cover over diapers are required for children who are not potty trained. Monday-Saturday classes will run for 30 minutes. (The next class will either be Tiny Tots or Tiny Tots Plus see instructor).

Class	Day	Time	Instructor	Location
Parent-Tot	Mon	6:30 pm	Melani	Training Pool
Parent-Tot	Tue	6:00 pm	Irene	Training Pool
Parent-Tot	Wed	6:30 pm	Melani	Training Pool
Parent-Tot	Thurs	6:00 pm	Irene	Training Pool
Parent-Tot	Fri	7:00 pm	Irene	Training Pool
Parent-Tot	Sat	11:00 am	Melani	Training Pool

Tiny Tots - Pike & Eel (3-5 years) Max. 6 Students

No skills required. At the Tiny Tots level children will be taught how to float on their front and back, blow bubbles, kick on their front and back with a kick board, rudimentary front glide with an individual flotation device (IFD), rudimentary paddle stroke on front, back and side with an IFD, swim for 15 feet on front, side and back independently and jumping from the side of the pool and swimming back to the wall with assistance.

Day	Time	Instructor	Day	Time	Instructor
Mon	3:30 pm	Melani	Wed	3:30 pm	Melani
Mon	4:00 pm	Melani	Wed	4:00 pm	Melani
Mon	4:30 pm	Melani	Wed	4:30 pm	Melani
Mon	5:00 pm	Bobby	Wed	5:00 pm	Bobby
Mon	5:30 pm	Bobby	Wed	5:30 pm	Bobby
Mon	6:00 pm	Melani	Wed	6:00 pm	Melani
Day	Time	Instructor	Day	Time	Instructor
Tue	4:00 pm	Melani	Thurs	4:00 pm	Melani
Tue	4:30 pm	Irene	Thurs	4:30 pm	Irene
Tue	5:00 pm	Melani	Thurs	5:00 pm	Melani
Tue	5:30 pm	Irene	Thurs	5:30 pm	Irene
Tue	6:30 pm	Melani	Thurs	6:30 pm	Melani
Day	Time	Instructor	Day	Time	Instructor
Fri	5:00 pm	Patrick	Sat	9:00 am	Patrick
Fri	6:00 pm	Patrick	Sat	9:30 am	Jason
Fri	6:30 pm	Irene	Sat	10:00 am	Patrick
			Sat	10:30 am	Jason
			Sat	11:30 pm	Sevak
			Sat	12:00 pm	Jason
			Sat	12:30 pm	Sevak
			Sat	1:00 pm	Jason
			Sat	1:30 pm	Sevak
			Sat	2:00 pm	Melani

BURBANK COMMUNITY YMCA

Providing people of all ages lifelong opportunities to become stronger in spirit, mind and body.
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Tiny Tots Plus – Ray & Starfish (3-5 years) Max. 6 Students

Successful completion of Tiny Tots or a swim check is required. In Tiny Tots Plus students continue advancing their paddle stroke on front, back and side swimming 25 yards independently. Rhythmic side breathing and breaststroke are also introduced. Students will learn to glide, swim underwater, knee dives, jump from the side of the pool and swim back to the wall independently or with minimal assistance and continue learning safety skills. (the next level is **Guppy**).

Day	Time	Instructor	Day	Time	Instructor
Mon	4:30 pm	Sevak	Wed	4:30 pm	Sevak
Mon	7:30 pm	Melani	Wed	7:30 pm	Melani
Day	Time	Instructor	Day	Time	Instructor
Tue	4:30 pm	Melani	Thurs	4:30 pm	Melani
Day	Time	Instructor	Day	Time	Instructor
Fri	5:30 pm	Irene	Sat	9:00 am	Jason

PRESCHOOL SWIM PROGRAM (3-5 years)

The program stresses enjoyment in pre-swim learning activities. Our goal is to develop confidence in parents and children about water safety. Each class emphasizes mental and physical development. Safety is a major component in the classes. Care must always be taken to emphasize that self-confidence in the water does not mean that small children are “water safe”. In addition, class enrollment is kept at a comfortable level so that each child receives special, individualized attention every class session.

<u>Program Fees</u>	Family Memberships	Child/Youth/School Memberships	Program Only Fee
Once a Week 30min class	\$18.00	\$28.00	\$56.00

Parent Tot Classes (6 mo. - 2 ½ yrs.)

<u>Program Fees</u>	Family Memberships	Adult/Senior Memberships
Once a Week 30min class	Free	\$10.00

Instructors subject to change without notice

TBA= Instructors to Be Announced at a later date

If you have any questions regarding this program, please contact the Aquatics Department at (818) 845-8551 X284.

All classes run month-to-month and registration is required for each month.

BURBANK COMMUNITY YMCA

FACILITY HOURS

Monday–Friday 5:30AM - 10:00PM
Saturday 7:00AM - 6:30PM
Sunday 12NOON - 5:00PM

MEMBER SERVICES HOURS

Monday–Friday 8:00AM – 8:00PM
Friday 8:00AM – 7:00PM
Saturday 9:00AM – 6:00PM
Sunday 1:00PM – 5:00PM

SCHOLARSHIPS

Financial assistance applications are available at Member Services and/or burbankymca.org.