



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# PRESCHOOL GYMNASTICS

**MAY 2012**

**Roly Polys – Parent/Tot:** Boys and Girls ages walking to up to 30 mos. This is a discovery class, a wonderful time to bond with your little one through movement and child directed play in our kid-friendly Gymnastics Center.

**Registration is limited to 1 x per week.**

Class	Day	Time	Coach	Online Search Code	Room
Roly Polys	Monday	10:00 - 10:30a	Jenn	ROLYPOLY	GC
Roly Polys	Wednesday	10:00 - 10:30a	Jenn	ROLYPOLY	GC
Roly Polys	<b>Friday</b>	<b>5:30 - 6:00p</b>	<b>Jodi</b>	<b>ROLYPOLY</b>	<b>GC</b>

**Tumble Bugs – Parent/Tot:** Boys and Girls ages 30 months up to 4 yrs. In a more structured environment, this class will introduce your little one to a wide variety of movements that will help develop their gross motor skills. Our group activities will help to refine their listening skills, ability to focus, and socialization skills. During the free play time and with the assistance of the instructor and you, your child will be encouraged to explore and progress at their own pace.

Class	Day	Time	Coach	Online Search Code	Room
Tumble Bugs	Monday	10:30 -11:00a	Jenn	TUMBUG	GC
Tumble Bugs	Monday	5:30 - 6:00p	Arieneh	TUMBUG	GC
Tumble Bugs	Wednesday	10:30 - 11:00a	Jenn	TUMBUG	GC
Tumble Bugs	Wednesday	5:30 - 6:00p	Jenn	TUMBUG	GC

**Beginning Gymnastics** – Boys and Girls ages 4 & 5 yrs. This fun-filled class is geared towards teaching body awareness, basic tumbling skills & developing strength and flexibility. Children will be introduced to basic skills & progressions on all apparatus. All Beginning Gymnastics classes are held in the Gymnastic Center. Parents are invited to watch from the observation area.

Class	Day	Time	Coach	Online Search Code	Room
Beginning Gymnastics	Monday	6:00 - 7:00p	Arieneh	BEGGYM	GC
Beginning Gymnastics	Tuesday	4:30 - 5:30p	Joey	BEGGYM	GC
Beginning Gymnastics	Tuesday	5:30 - 6:30p	Joey	BEGGYM	GC
Beginning Gymnastics	Wednesday	6:00 - 7:00p	Joey	BEGGYM	GC
Beginning Gymnastics	Thursday	4:00 - 5:00p	Arieneh	BEGGYM	GC
Beginning Gymnastics	Thursday	5:00 - 6:00p	Joey	BEGGYM	GC
Beginning Gymnastics	Saturday	9:00 - 10:00a	Joey	BEGGYM	GC

## Program Fees

Class	Length	Family/Adult Members	Program Only Fee
Roly Polys	Once a Week/30min	FREE	Not Available
Tumble Bugs	Once a Week/30min	\$18.00	\$43.00
Beginning Gymnastics	Once a Week/1 hour	\$33.00	\$86.00

**Instructors subject to change without notice**

**Monthly Registration required – All classes held in Gymnastics Center**