

Y PRE-SCHOOL GYMNASTICS

We build strong kids, strong families, strong communities.

August 2010 Schedule

Roly Polys – Parent/Tot: Boys and Girls ages walking to up to 30 mos. This is a discovery class, a wonderful time to bond with your little one through movement and child directed play in our kid-friendly Gymnastics Center.

Registration is limited to 1 x per week.

Class	Day	Time	Coach	Location
Roly Polys	Monday	10:00-10:30 am	Jenn	Gymnastic Center
Roly Polys	Wednesday	10:00-10:30 am	Jenn	Gymnastic Center

Tumble Bugs – Parent/Tot: Boys and Girls ages 30 months up to 4 yrs. In a more structured environment, this class will introduce your little one to a wide variety of movements that will help develop their gross motor skills. Our group activities will help to refine their listening skills, ability to focus, and socialization skills. During the free play time and with the assistance of the instructor and you, your child will be encouraged to explore and progress at their own pace.

Class	Day	Time	Coach	Location
Tumble Bugs	Monday	10:30-11:00 am	Jenn	Gymnastics Center
Tumble Bugs	Monday	5:30-6:00 pm	Krystle	Gymnastics Center
Tumble Bugs	Wednesday	10:30-11:00 am	Jenn	Gymnastics Center
Tumble Bugs	Wednesday	5:30-6:00 pm	Arieneh	Gymnastics Center

Beginning Gymnastics – Boys and Girls ages 4 & 5 yrs. This fun-filled class is geared towards teaching body awareness, basic tumbling skills & developing strength and flexibility. Children will be introduced to basic skills & progressions on all apparatus. All Beginning Gymnastics classes are held in the Gymnastic Center. Parents are invited to watch from the observation area.

Class	Day	Time	Coach	Location
Beginning Gymnastics	Monday	6:00-7:00 pm	Krystle	Gymnastic Center
Beginning Gymnastics	Tuesday	4:00-5:00 pm	Shannon	Gymnastic Center
Beginning Gymnastics	Tuesday	5:00-6:00 pm	Jenn	Gymnastic Center
Beginning Gymnastics	Wednesday	6:00-7:00 pm	Arieneh	Gymnastic Center
Beginning Gymnastics	Thursday	4:00-5:00 pm	Shannon	Gymnastic Center
Beginning Gymnastics	Thursday	5:00-6:00 pm	Joey	Gymnastic Center
Beginning Gymnastics	Saturday	9:00-10:00 am	Krystle	Gymnastic Center

Program Fees

Class	Length	Family Membership	Child/Youth/Student Membership	Program Only Fee
Roly Polys	Once a Week/30 minutes	FREE	\$10.00	Not Available
Tumble Bugs	Once a Week/30 minutes	\$15.00	\$25.00	Not Available
Beginning Gymnastics	Once a Week/1 hour	\$30.00	\$40.00	\$80.00

Instructors subject to change without notice
Monthly Registration required

BURBANK COMMUNITY YMCA

Providing people of all ages lifelong opportunities to become stronger in spirit, mind and body.

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