

# RECREATIONAL GYMNASTICS

We build strong kids, strong families, strong communities.

## June 2010 Schedule

**Recreational Gymnastics**-Beginner level ages 5-12. This class emphasizes flexibility, coordination, balance & strength through a combination of basic gymnastics drills and progressions as well as strengthening exercises. This class can be used to enhance your child's over all fitness level or to help prepare your child for our progressive gymnastics program.

### GIRLS & BOYS

Class	Day	Time	Class Location
Ages 5-7	Tuesday	5:15 - 6:00 pm	Gymnasium
Ages 5-7	Tuesday	6:15 - 7:00 pm	Gymnastic Center
Ages 5-7	Thursday	5:15 - 6:00 pm	Gymnasium
Ages 5-7	Thursday	6:15 - 7:00 pm	Gymnastic Center

### GIRLS

Class	Day	Time	Class Location
Ages 5-12	Mon	4:30 - 5:15 pm	Gymnastic Center
Ages 5-12	Wed	4:30 - 5:15 pm	Gymnastic Center
Ages 5-12	Friday	4:00 - 4:45 pm	Gymnastic Center
Ages 5-12	Saturday	10:00 - 10:45 am	Gymnastic Center

### BOYS Ages 5-12

Class	Day	Time	Class Location
Intermediate	Wednesday	7:00 - 8:00 pm	Gymnastic Center
Intermediate	Thursday	5:00 - 6:00 pm	Gymnasium
Intermediate	Friday	5:00 - 6:00 pm	Gymnastic Center

**Family Members 1x per week \$29.00/month 2x per week \$44.00/month**

**Child & Youth Members 1x per week classes \$50.00/month 2 xs per week classes \$67.00/month**

**Program Members 1x per week classes \$99.00/month 2x per week \$149.00/month**

**Any combination of days may be used.**

**2x per week maximum enrollment allowed**

BURBANK COMMUNITY YMCA

Providing people of all ages lifelong opportunities to become stronger in spirit, mind and body.

321 Magnolia Blvd. • Burbank, CA 91502-1132 • v:818.845.8551 • f:818.845.0785 • burbankymca.org

## BURBANK COMMUNITY YMCA

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### **FACILITY HOURS**

Monday–Friday 5:30AM - 10:00PM  
Saturday 7:00AM - 6:30PM  
Sunday 12NOON - 5:00PM

### **MEMBER SERVICES HOURS**

Monday–Friday 8:00AM – 8:00PM  
Friday 8:00AM – 7:00PM  
Saturday 9:00AM – 6:00PM  
Sunday 1:00PM – 5:00PM

### **SCHOLARSHIPS**

Financial assistance applications are available at Member Services and/or

Our Burbank Community YMCA Gymnastics program is designed to provide a safe, nurturing environment for children and youth and adults to develop gymnastic skills and an appreciation for overall fitness and good health.

Recreational students will have fun while learning basic gymnastics along with conditioning.

***Our recreational sessions run month to month.  
You must register each month during the designated registration periods which are listed on the Parent Information packets and posted outside the Gymnasium and Gymnastics Center.***

Classes also emphasize development of character qualities such as caring, honesty, respect and responsibility.

Through the medium of gymnastics we hope to build strong kids, strong families and strong communities.

***If you are new to our program or are returning from an extended absence, please pick up a Parent Information packet from our Member Services office at the time of registration.***

For more information please contact:  
Jenn Wahl  
Gymnastic Coordinator  
818/845-8551 ext. 248

**MEMBERSHIP REQUIRED FOR ALL GYMNASTIC CLASSES.**