



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PERSONAL COACHING & CLINICS

MAY 2012

Personal Coaching Description:

Personal Coaching is highly organized one-on-one workouts that focus on a player's offensive skills. Drills are game-like and will produce a marked improvement in the player. Emphasis is placed on Ball Handling and Shooting. By taking personal coaching, a player will gain confidence while acquiring the skills necessary to become a better player. **All players can become better shooters.** Drills and instruction will be given to correct the player's shot and improve accuracy.

Age Range: 7-18 years

Month/Session	Lesson Dates	Lesson Day	Lesson Time	Online Search Code
May	May 7,14, 21, 28	Monday	4:30pm - 5:30pm	PRCOACH M1
May	May 2, 9, 16, 23	Wednesday	4:30pm - 5:30pm	PRCOACH W1
May	May 5, 12, 19, 26	Saturday	9:00am - 10:00am	PRCOACH S1

Membership Type	Registration Start Dates Online and In House	Registration Start Time	Fees
Family	Saturday April 21, 2012	9:00 AM	\$ 120.00
Youth & Student	Weds. April 25, 2012	7:00 AM	\$ 180.00
Program	Weds. April 25, 2012	7:00 AM	\$ 240.00