

GYMNASIUM

We build strong kids, strong families, strong communities.

Effective: July 12, 2010 – September 18, 2010

Monday			Tuesday		
Time	Activity	Notes	Time	Activity	Notes
5:30-11:30am	Open Gym		5:30-11:30am	Open Gym	
11:30-1:30pm	Adult Pick – Up	18 yrs. & older	11:30-1:30pm	Adult Pick – Up	18 yrs. & older
1:30-2:30pm	Youth Pick – Up	17 yrs. & younger	1:30-2:30pm	Youth Pick-Up	17 yrs. & younger
2:30-3:30pm	Open Gym		2:30-3:15pm	Open Gym	
3:30-5:30pm	Youth Programs		3:15-7:45pm	Gymnastics	
5:30-9:30pm	Jr. Lakers		7:45-9:00pm	Jr. Lakers	
9:30-10:00pm	Open Gym	15 yrs. & older	9:00-10:00pm	Open Gym	15 yrs. & older
Wednesday			Thursday		
Time	Activity	Note	Time	Activity	Note
5:30-11:30am	Open Gym		5:30-11:30am	Open Gym	
11:30-1:30pm	Adult Pick – Up	18 yrs. & older	11:30-1:30pm	Adult Pick – Up	18 yrs. & older
1:30-2:30pm	Youth Pick – Up	17 yrs. & younger	1:30-2:30pm	Youth Pick-Up	17 yrs. & younger
2:30-3:30pm	Open Gym		2:30-3:15pm	Open Gym	
3:30-5:30pm	Youth Programs		3:15-7:45pm	Gymnastics	
5:30-9:30pm	Jr. Lakers		7:45-9:00pm	Jr. Lakers	
9:30-10:00pm	Open Gym	15 yrs. & older	9:00-10:00pm	Open Gym	15 yrs. & older
Friday			Saturday		
Time	Activity	Note	Time	Activity	Note
5:30-11:30am	Open Gym		7:00-9:30am	Open Gym	½ Court 8:30-9:30
11:30-1:30pm	Adult Pick – Up	18 yrs. & older	9:30-6:30pm	Jr. Lakers	
1:30-2:30pm	Youth Pick – Up	17 yrs. & younger			
2:30-3:00pm	Open Gym				
3:00-9:30pm	Jr. Lakers				
8:30-10:00pm	Open Gym	15 yrs. & older/Half			
Sunday					
Time	Activity	Note			
12:00-5:30pm	Open Gym				

BURBANK COMMUNITY YMCA

Providing people of all ages lifelong opportunities to become stronger in spirit, mind and body.
 321 Magnolia Blvd. • Burbank, CA 91502-1132 • v:818.845.8551 • f:818.845.0785 • burbankymca.org

These rules have been established for our members' safety and comfort. These rules are in effect at all times.

- 1) All participants **must** be a member or a guest of a member. Guests **must** be accompanied by the member. Guests **must** show ID and sign in upon entrance to the facility.
- 2) Please adhere to the scheduled open gym times so as not to disturb our other program times. Follow all program schedules.
- 3) Members must share courts unless games are in progress. Games must consist of at least 4 players:
 - Full Court games: 15 players or less. 5 on 5
 - Half Court games: 16 players or more. 4 on 4
- 4) While games are in progress, any member waiting will take on the winners of the first game that ends. If there are not enough people waiting to make a team, the losing players will shoot to fill out the team. Otherwise, losing players sit out the next game.
- 5) No switching teams after a game has begun.
- 6) **Foul or abusive talk, in any language, will not be tolerated.**
- 7) Constant use of foul language, loud arguing, fighting or not respecting the YMCA rules and policies for pick-up basketball games will lead to suspension and/or termination of membership. YMCA staff reserve the right to make this decision.
- 8) Proper gym clothing is required as well as athletic shoes. No jeans, street shoes, open-toed shoes, long or baggy clothing permitted.
- 9) Let sportsmanship and fair play govern all games and recognize the worth of all persons.
- 10) Respect all YMCA staff, members and guests at all times.
- 11) Keeping the peace among players will be maintained by you the player. We trust you to be responsible and fair by respecting your fellow members and by caring about your YMCA when playing basketball.
- 12) If disturbances, disagreements or conflicts arise and cannot be resolved in a reasonable, timely fashion, the Burbank Community YMCA Basketball gym will be **shut down for a minimum of 2 hours**. The players involved in the disturbance **WILL NOT BE ALLOWED BACK IN THE GYM** for the remainder of the day once the gym has been closed.
- 13) **Food and drink are NOT allowed in the basketball gym.** (Water or sport drinks in closed plastic containers are permitted)

***THIS IS NOT THE NBA, THIS IS YOUR YMCA!
Have fun! Have a great workout! Play nice!***

BURBANK COMMUNITY YMCA

FACILITY HOURS

Monday-Friday 5:30AM - 10:00PM
Saturday 7:00AM - 6:30PM
Sunday 12NOON - 5:00PM

MEMBER SERVICES HOURS

Monday-Friday 8:00AM - 8:00PM
Friday 8:00AM - 7:00PM
Saturday 9:00AM - 6:00PM
Sunday 1:00PM - 5:00PM

SCHOLARSHIPS

Financial assistance applications are available at Member Services and/or