



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

April Snack Menu

Burbank Community
YMCA



<p>2 pancakes and fruit</p> <p>crackers and string cheese</p>	<p>3 cereal with milk</p> <p>macaroni and cheese and fruit</p>	<p>4 fruit and crackers</p> <p>sunflower seed butter, fruit spread and bread</p>	<p>5 English muffin with fruit spread</p> <p>yogurt and crackers</p>	<p>6 blueberry muffins with milk</p> <p>smoothies and crackers</p>
<p>9 oatmeal with raisins</p> <p>bell peppers with ranch and crackers</p>	<p>10 bagel with cream cheese and raisins</p> <p>turkey rollups with fruit</p>	<p>11 cereal with milk</p> <p>chips with salsa</p>	<p>12 yogurt and crackers</p> <p>taquitos and fruit</p>	<p>13 hash browns and fruit</p> <p>hummus and pita</p>
<p>16 scrambled eggs with toast</p> <p>whole wheat bagel with cream cheese and fruit</p>	<p>17 cereal with milk</p> <p>yogurt and crackers</p>	<p>18 bagel with cream cheese and fruit</p> <p>tuna salad with crackers</p>	<p>19 oatmeal and raisins</p> <p>string cheese and veggie chips</p>	<p>20 English muffin with fruit spread</p> <p>pretzels and fruit</p>
<p>23 hash browns with fruit</p> <p>taquitos and fruit</p>	<p>24 roll with cheese</p> <p>beans, cheese and tortillas</p>	<p>25 yogurt and crackers</p> <p>hummus and pita</p>	<p>26 bagel with cream cheese and fruit</p> <p>carrots and ranch with crackers</p>	<p>27 cereal with milk</p> <p>blueberry muffin and fruit</p>
<p>30 pancakes and fruit</p> <p>yogurt and crackers</p>				