



March Lunch Menu

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2 Lemon Pepper Chicken with Vegetables and Rice Fresh Fruit	3 DIY Mexican Style Nachos! With Black Beans, Corn, Shredded Lettuce, Tomatoes and Cheese Fresh Fruit	4 Hearty Veggie Soup with Beans and Cheesy Toast Fresh Fruit	5 Turkey Bacon Carbanara with Peas Garden Salad Fresh Fruit	6 Wow Butter and Strawberry Preserves on Whole Wheat Bread with Baby Carrots Fruit Salad
9 Vegetable Tortilla Soup with Mixed Beans Fresh Fruit	10 Grilled Cheese with Tomato Soup and Goldfish Fresh Fruit	11 Quesadillas with Spanish Rice and Black Bean Salad Fresh Fruit	12 Teriyaki Meatballs with Vegetable Lo Mein Fresh Fruit	13 Chicken Fajitas with Corn Tortillas Fresh Fruit
16 Lemon Pepper Chicken with Vegetables and Rice Fresh Fruit	17 DIY Mexican Style Nachos! With Ground Turkey, Black Beans, Corn, Shredded Lettuce and Cheese Fresh Fruit	18 Hearty Veggie Soup with Beans and Cheesy Toast and Fresh Fruit	19 Turkey Bacon Carbanara with Peas Garden Salad Fresh Fruit	20 Wow Butter and Strawberry Preserves on Whole Wheat Bread with Baby Carrots Fruit Salad
23 Vegetable Tortilla Soup with Mixed Beans Fresh Fruit	24 Grilled Cheese with Tomato Soup and Goldfish Fresh Fruit	25 Quesadillas with Spanish Rice and Black Bean Salad Fresh Fruit	26 Teriyaki Meatballs with Vegetable Lo Mein Fresh Fruit	27 Chicken Fajitas with Corn Tortillas Fresh Fruit
30 Chicken Salad Sliders with Celery Fresh Fruit	31 Ravioli with Garlic Butter Sauce and Oven Roasted Veggies Fresh Fruit			

Fun Fact

Strawberries are actually flowering plants that belong to the rose family.

- Water is served with every meal and is our primary source of beverage.
- All meals are served Family Style
- All meals are homemade and do not include anything fried, re-heated or with trans-fat.
- Only whole grain and whole wheat foods are provided.

