



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MY Y STORY

I FEEL LIKE A KID AGAIN

Armen Movsessian joined the Burbank Y Adult Soccer League in September and has been loving every single minute of it. He is thankful for the opportunity to participate and says it made him feel like he was 15 years old again.

He drastically changed his life and started exercising five days a week. As a professional musician and recording artist, indoor soccer at the Y helps him stay in shape and takes all his stress away.

