



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASIUM SCHEDULE

December 2018

Adult Pick-Up
Members 18 & Up are invited to join our pick-up basketball community. No Sign-up required

Youth Basketball Showcase Basketball
Sign-up is required. Please visit Member Services for details.

Adult Soccer
Sign-up is required. Please visit Member Services for details.

Open Gym
Open to all members. Youth under 12 years old must be accompanied by a parent.

Stretch Class
Members 16 & Up are invited. Please see the Group Fitness Schedule for details. No Sign-up required

Gymnasium closes 15 minutes before the facility

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30a-7:00a Open Gym	5:30a-3:30p Open Gym	5:30a-7:00a Open Gym	5:30a-3:30p Open Gym	5:30a-7:00a Open Gym	7:00a-9:00a Open Gym	9:00a-1:00p Showcase Basketball
7:00a-8:00a Adult Pick-Up	3:30p-6:00p CT 1 S.B. CT 2 OPEN COURT	7:00a-8:00a Adult Pick-Up	3:30p-6:00p CT 1 S.B. CT 2 OPEN COURT	7:00a-8:00a Adult Pick-Up	9:00a-10:00a Showcase Basketball	1:00p-4:45p Open Gym
Showcase B-ball camp Dec. (26-28) 9-3	6:00p-9:00p Showcase Basketball	8:00a-9:30a Open Gym	6:00p-9:00p Showcase Basketball	Group Exercise 8:00am-10am First Friday of each month 10:00a-11:30a Open Gym	10:00a-4p Youth Basketball	
11:30a-1:30p Adult Pick-Up (During camp week 12-1:15p)	9:00p-9:45p Open Gym	9:30a-10:00a Stretch Class	9:00p-9:45p Open Gym	11:30a-1:30p Adult Pick-Up		
1:30p-3:30p Open Gym		10:00a-11:30a Open Gym		1:30p-3:30p Open Gym		
3:30p-5:30p CT 1 S.B. CT 2 OPEN COURT		11:30a-1:30p Adult Pick-Up		3:30p-5:30p CT 1 S.B. CT 2 OPEN COURT		
5:30p-8:30p Youth Basketball		1:30p-3:30p Open Gym		5:30p-7:30p Youth Basketball		
8:30p-9:45p Open Gym		3:30p-5:30p CT 1 S.B. CT 2 OPEN COURT		7:30p-8:30p Showcase Basketball		
		5:30p-7p Youth Basketball		8:30p-9:45p Open Gym		