






# December Snack Menu

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

<p>3 Multi-Grain Cereal w/ Milk &amp; Fresh Fruit</p> <p>String Cheese &amp; Fruit Salad</p>	<p>4 French Toast w/ Banana Slices &amp; Milk</p> <p>Bagel Thins, Cream Cheese &amp; Cucumber Bites</p>	<p>5 Scrambled Eggs w/ Turkey Bacon &amp; Fresh Fruit</p> <p>Wheat Cheerios w/ Milk &amp; Raisins</p>	<p>6 Pancakes w/ Applesauce</p> <p>Wow Butte, Rice Cakes &amp; Pear Slices</p>	<p>7 Cream of Wheat w/ Milk &amp; Blueberries</p> <p>Watermelon Bites &amp; Goldfish</p>
<p>10 Maple Cinnamon Oatmeal w/ Milk &amp; Bananas</p> <p>Cheese Cubes, Wheat Thins &amp; Grapes</p>	<p>11 Cheesy English Muffin w/ Apple Slices</p> <p>Orange Slices &amp; Quesadillas</p>	<p>12 Egg White Scramble w/ Ham Bites &amp; Fresh Fruit</p> <p>Whole-Grain Trail Mix w/ Fresh Fruit Salad</p>	<p>13 Vanilla Yogurt w/ Fresh Fruit &amp; Graham Crackers</p> <p>Baked Pita Bread Triangles Covered in Cinnamon &amp; Brown Sugar w/ Cream Cheese</p>	<p>14 Waffles w/ Milk &amp; Strawberries</p> <p>Applesauce &amp; Graham Crackers</p>
<p>17 Multi-Grain Cereal w/ Milk &amp; Fresh Fruit</p> <p>String Cheese &amp; Fruit Salad</p>	<p>18 French Toast w/ Banana Slices &amp; Milk</p> <p>Bagel Thins, Cream Cheese &amp; Cucumber Bites</p>	<p>19 Scrambled Eggs w/ Turkey Bacon &amp; Fresh Fruit</p> <p>Wheat Cheerios w/ Milk &amp; Raisins</p>	<p>20 Pancakes w/ Applesauce</p> <p>Wow Butte, Rice Cakes &amp; Pear Slices</p>	<p>21 Cream of Wheat w/ Milk &amp; Blueberries</p> <p>Watermelon Bites &amp; Goldfish</p>
<p>24</p> 	<p>25</p> 	<p>26 Maple Cinnamon Oatmeal w/ Milk &amp; Bananas</p> <p>Cheese Cubes, Wheat Thins &amp; Grapes</p>	<p>27 Cheesy English Muffin w/ Apple Slices</p> <p>Orange Slices &amp; Quesadillas</p>	<p>28 Egg White Scramble w/ Ham Bites &amp; Fresh Fruit</p> <p>Whole-Grain Trail Mix w/ Fresh Fruit Salad</p>
<p>31</p> 				

## Fun Fruit Fact

Cranberries don't actually grow underwater.

- Water is served with every meal and is our primary source of beverage.
- All meals are served Family Style
- A fruit and a vegetable is served with every meal and provided by *The Fruit Guys*.
- All meals are homemade and do not include anything fried, re-heated or with trans-fat.
- Only whole grain and whole wheat foods are provided.

