



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MY Y STORY

SMALL TOWN FEEL, BIG TIME LOVE

The Burbank Y became home to the Pape Family when they first moved to Burbank. They joined, enrolled their children in the Child Development Center and have taken part in the Turkey Trot every year since the very first race in 2009.

In the beginning, Sven and Harriet didn't know many people in Burbank, but now they have many friends join them in running the race. In fact, this year they convened a team of 15, ranging in age from 1 to 84 years young. They start their Thanksgiving morning doing something healthy followed by the team cooking a feast together and sitting down for a much needed meal.



We asked the Pape Family what has kept them at the Y all these years. Their answer - community. They feel at home whether they are working out on the machines, taking one of our many classes with amazing instructors (with whom they have become friends), or running the Turkey Trot on Thanksgiving morning.

We will look for the Pape Team in 2019 at the 10th annual Turkey Trot!

